



To Hell With Sorry

Secret Word Of Power Revealed

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Chapter 1: Society as a Mirror—The Doormat Mentality

Our world is nothing more than a mirror, reflecting the individual's mindset. When we examine society today, what stares back at us is a doormat. This collective consciousness has been conditioned to accept insincere apologies, hollow reassurances, and empty words without question. This doormat mentality has led to the creation of a master-slave system, where the powerful elite act without accountability, and the masses bow in submission.

Consider this: Every fake apology from a politician caught in scandal is met with a shrug. Every economic collapse caused by the recklessness of banking elites ends with a carefully crafted “we’re sorry,” yet lives are ruined, and no one is held to account. The police offer a hollow “sorry” after the death of an innocent, but the same patterns repeat. In every corner of society, these false sorries are a tool of control—a means to pacify, placate, and perpetuate the status quo.

Why do we accept it? Because we’ve been trained to. From childhood, we’re taught to say sorry even when we’ve done nothing wrong, to worry about how others feel even when we’ve been harmed, and to avoid conflict at all costs. This programming creates a passive population that internalizes guilt and silence, making it easier for the powerful to manipulate and exploit.

But here’s the truth: a society that accepts fake apologies is complicit in its oppression. By tolerating the insincere and excusing the inexcusable, we hand over our power. Every time we accept a hollow sorry, we reinforce a system where the elite are free to do as they please, unchallenged and unchecked.

It’s time to wake up. To say *no* to being a doormat. To reject the fake sorries and demand accountability. Society doesn’t change from the top down—it changes when individuals decide to stand tall, to stop accepting insincerity, and to take back their power.

The reflection of the world begins with you. What will you choose to reflect?

Chapter 2: Religion and the Cult of Submission

For centuries, religion has been a powerful force in shaping the passive, submissive mindset that dominates society today. From an early age, we are indoctrinated into a belief system that teaches us to apologize for our very existence.

We are conditioned to feel ashamed, guilty, and perpetually "sorry" for ourselves as if our mere presence in the world is somehow flawed.

The concept of original sin is one of the most insidious forms of programming. We're told from childhood that we are born tainted, and stained by the very nature of our being. This lie, repeated generation after generation, has created a culture of guilt, where people feel inherently wrong for simply existing.

We're taught to apologize for the state we were born into, for our weaknesses, and for our perceived imperfections. It is as if, in the eyes of religion, we are nothing but sinners in need of constant atonement, forever in debt to some higher power.

One of the most damaging teachings of religion is the concept of turning the other cheek. This idea, glorified as an act of grace and humility, has instead bred a culture of passive submission. We are told to endure harm, tolerate abuse, and forgive without question, often leaving us defenceless and powerless.

When wronged, instead of standing up for ourselves, we are taught to accept the mistreatment and offer our forgiveness. In essence, we are taught to apologize for our hurt and to bury our pain, to take the role of the victim in the hope of achieving divine reward.

This early programming starts in childhood, where we are taught not to question authority or challenge those who hold power over us.

Children are conditioned to apologize for things that are not their fault—be it in the schoolyard or at home—creating a generation of individuals who cannot assert themselves. This cycle of self-reproach and submission to external authorities destroys the sense of self-worth and empowerment.

We grow up believing that we must always say sorry, even when we are not in the wrong, and that we must bear the weight of guilt as if it is a necessary burden of life.

Religion has created a culture where people feel inadequate, ashamed, and broken. The teachings of guilt and submission have systematically erased the individual's connection to their power and worth. In this system, we are conditioned to believe that we must always ask for forgiveness, kneel before those who claim spiritual or earthly authority, and offer apologies for our mere existence.

Chapter 3: Programming from Childhood—Destroying Strength

From the moment children are old enough to interact, they're thrust into a system that forces them to apologize, even when they've done nothing wrong. On the playground, a child who defends themselves against a bully is told to say sorry, even though they were the ones provoked.

Meanwhile, the aggressor goes unchallenged, their behaviour excused, and the child who defended themselves is punished for having the audacity to stand up. This forced "sorry culture" is not just misguided; it's a deliberate attempt to strip away the strength and independence of our youth.

When kids are taught that their voice and their defence are secondary to the comfort of the aggressor, we are not just creating submissive adults—we are creating weak individuals who cannot assert themselves in the world.

Saying sorry when you've done nothing wrong doesn't teach empathy or humility; it teaches compliance. It teaches that your sense of justice and self-respect must take a backseat to appeasing others, no matter how unjust the situation. The apology becomes a tool of control, not reconciliation.

This constant erosion of self-empowerment destroys the masculine principle of strength. Masculinity is not about domination but about the confidence to stand firm in one's beliefs and defend oneself and others when necessary.

By forcing children to apologize in situations where they should stand tall, society is teaching them to internalize weakness, avoid conflict at all costs, and apologize for asserting their rightful place in the world. This leaves them vulnerable, and unprepared for the real battles of life, where manipulation, control, and exploitation are common.

The word sorry, once a tool of genuine remorse, has been hijacked to suppress and weaken the individual. It's no longer about healing or mending—it's about submission, silence, and surrender. And when we

force children to apologize in situations that don't warrant it, we're creating a generation that cannot stand up for what's right, leaving them open to the manipulative forces that seek to control them.

It's time to stop apologizing for who we are and what we stand for. No more false sorries. No more submissiveness. We need to reclaim our strength, teach our children to stand up for themselves and break free from the cycle of forced compliance that has kept us weak and vulnerable.

Chapter 4: The Art of Genuine Sorry and Forgiveness

A true apology is a sacred act, but over time, it has been twisted into something far less meaningful. We've been taught that an apology is a social performance, a public spectacle to avoid embarrassment or to silence criticism. But genuine sorrow is not about appeasing others or making ourselves look good. It's about healing, truth, and accountability.

A real apology is not just a word—it's an action that restores balance and begins the process of mending the damage done.

First, a genuine apology must come sincerely from the heart. It cannot be forced, nor should it be offered out of obligation or fear. When we say sorry, it must be with full acknowledgement of the harm caused, not as a way to escape guilt or avoid consequences. The words must be real, not hollow. Anything less is simply a band-aid, a temporary fix that doesn't address the root of the issue.

Moreover, the apology must be between the two parties involved. There is no room for third parties in the true act of reconciliation. Yes, an honest third party can act as a mediator, but too often, biased individuals distort the truth, clouding the real issue. An apology must not be about appeasing outsiders, nor should it become a public relations stunt. When apologies are used as tools to satisfy the expectations of others, they lose their true meaning and become empty gestures.

Another key aspect of a real apology is that it must reveal the truth. You cannot offer a heartfelt sorry while hiding parts of the story, manipulating facts, or avoiding full accountability. If you've wronged someone, you owe them the truth, not a filtered version that allows you to remain blameless.

A genuine apology requires transparency. If you refuse to reveal the full scope of your actions, then your apology is nothing more than a performance, meant to protect your ego and avoid real confrontation.

Furthermore, an apology must involve restitution. Words alone are insufficient when harm has been done. Restitution may not always be a material thing, but it's always a genuine effort to restore what was lost, to repair the damage, and to show that the apology comes intending to make things right. This is the point where apologies transform from mere words into actions, where the aggrieved party can feel that their pain is being truly acknowledged.

Lastly, a genuine apology must focus on the harm caused, not on superficial matters. Too often, we see apologies that revolve around things like the way someone dresses, their lifestyle choices, or their personality. These are not the real issues; they're distractions. The focus should always be on the harm done to another person, the wrong that was committed, and how it can be rectified.

When people apologize for things that don't matter in the context of right and wrong, they are only deflecting from the real problem. A real apology is about confronting the truth, acknowledging the hurt caused, and striving to make amends.

True forgiveness only comes when both parties are willing to engage honestly and fairly. The one offering the apology must be sincere, and the one receiving it must be willing to accept the truth and move forward. This isn't about pride or holding grudges—it's about healing. But healing can only begin when the apology is genuine, untainted by excuses, and motivated by a true desire to right the wrongs that have been done. Anything less is just a lie, a false promise that keeps both parties stuck in a cycle of dishonesty and harm.

Chapter 5: The Fiery Transformation—Reclaiming Power

Imagine the fire—raging, untamed, and transformative. It's the force that burns away the old, the weak, and the broken, leaving only the pure, the resilient, and the powerful. The fire is the symbol of the destruction of outdated patterns, those beliefs and behaviours that have kept us chained, passive, and afraid. In its heat, we melt the lies and illusions that have been force-fed to us. And in its wake, we are reborn—stronger, more authentic, and unyielding.

The secret word of power is simple yet profound: **NO**. Not a weak, apologetic no, but a bold and unwavering refusal to accept what no longer serves us. This is not the no of victimhood, but the no of empowerment—the refusal to settle, to shrink, or to play along with the lies that surround us.

Say **NO** to fake worries. These are the worries implanted by the media, by the elites, and by a world that wants to keep you in fear, distraction, and doubt. Fake worries are designed to control you, to make you doubt your worth, your power, and your potential. But you don't need to worry about things that aren't real or don't matter. Say **NO** to them. Refuse to allow these manufactured fears to govern your life.

Say **NO** to being a doormat. You were not born to serve as a stepping stone for others. You are not here to be used, walked on, or trampled by those who believe they have the power to dominate. Reject the culture of compliance that teaches you to accept what you don't deserve. Stand tall, stand firm, and say **NO** to being treated as less than you are.

Say **NO** to submission. For far too long, we have been taught to bow, to defer, to yield to authority without question. We've been conditioned to obey, even when it goes against our truth. No more. Say **NO** to the false idols, the corrupt systems, and the figures of power who manipulate us into compliance. Say **NO** to submission, for you were never meant to be small or subservient.

Do not apologize for being your true self. Society, the elites, and the manipulators want you to apologize for being authentic—whether that's your voice, your dreams, your identity, or your desires. But as long as you are not harming others, there is no reason to apologize.

Your authenticity is your greatest strength. Do not diminish it or shrink it to fit into someone else's mold. Say **NO** to the shame and guilt imposed on you. Say **NO** to the idea that you must change to make others comfortable.

Say **NO** to the predator elite—the politicians who lie, the bankers who steal, the corporations who profit at the expense of human lives. Say **NO** to the fake sorries of the powerful, who apologize only to protect their interests, never their integrity. These apologies are nothing but empty words meant to keep us passive, to keep us believing that they will change without ever doing so. But we don't need their hollow words. We need action, truth, and accountability.

Let **true anarchy**, guided by love and integrity, reign. Anarchy isn't chaos; it's the rejection of control by corrupt forces. True anarchy is about living authentically, embracing freedom, and letting love and integrity guide your choices. It's about breaking free from the chains of manipulation, fear, and false authority. It's about reclaiming your power and empowering others to do the same.

This is the path to self-empowerment. This is the journey of healing, of shedding the old lies, and of embracing the truth of who you are. The fiery transformation begins within you. It starts when you say **NO**—and when you refuse to settle for anything less than your true, unshakable self.

Chapter 6: About Me

My name is Candice Cizut, and I've always been a seeker. A seeker of truth, of [financial freedom](#), of spirituality, and of inner peace. The more I searched, the more I realized that most of the world's systems were designed to keep us from truly understanding ourselves, from living free, and from embracing the power that's inherently ours. Writing has become my medium to share what I've discovered, to express my thoughts, and to ignite a spark in others who are ready to escape the matrix and step into their true potential.

At my core, I'm a shy but outgoing person who loves life, loves freedom and loves the idea of pushing boundaries. I've always been drawn to things that challenge the conventional—tattoos, reading, crypto, music, and of course, retreats in the woods where I can recharge and reconnect with myself. I believe in the **power of being unapologetically authentic and embracing who you are without fear, without shame, and without any of the fake sorries that have been programmed into us.**

Here are a few of my links that might inspire you, challenge you, and support you on your journey:

1. Follow me on Pinterest – [Candice Cizut on Pinterest](#)
2. Follow on Facebook – [Gold Pill Mentors on Facebook](#)
3. Follow Quora Space on Illuminati – [Join The Real Illuminati](#)
4. Make Money Online: Start with Confidence – [Legendary Confidence Challenge](#)

With Confidence, you can achieve much. But it's not about just achieving—it's about being unapologetically your best version, free from the chains of the past, free from servitude to anyone or anything. It's about rejecting fake sorries, rejecting submission, and embracing your power. Let's be free. **Let's be our unapologetic best selves. No slaves, no masters, and no fake sorries.**

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<https://goldenbender.gumroad.com/>